

## Brow & lash Grooming / Waxing & Threading

### High Definition Brows (Patch test essential)

Celebrity brows is now within your reach! Thanks to a unique seven step brow shaping treatment, you can have the ultimate in well groomed high definition eyebrows. Once you've tried this celebrity brow treatment you'll love your brows so much there will be no going back.

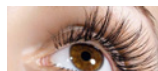
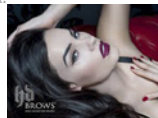
40 minutes ..... €35.00

Semi Permanent Mink Lashes ..... €50.00

1:1 Lash extension treatment to give you the extra length you've always wanted, lasting up to 6 weeks!

Lash in Flash ..... €35.00

Alternative lash extension treatment to give extra body to your natural lashes using mink lashes, lasting up to 10 days.



### Occasional Lashes (cluster lashes)

Full Set ..... €18.00

Corners ..... €10.00

### Bikini & Specialised Waxing STRIP

Basic ..... €12.00

Holiday.High. €15.00

Californian ..... €20.00

Brazilian ..... €30.00

Hollywood ..... €40.00

**Waxperts**

### WAXPERTS

The Basic ..... €15.00

The Extended ..... €20.00

The Inbetweeny ..... €25.00

The Brazilian ..... €40.00

The Hollywood ..... €50.00

### Facial Waxing/Threading

24 Hour Patch Test required

Lip/Chin/Sides of Face ..... € 8.00 / €10.00

Lip, Chin & Sides ..... €15.00 / €18.00

Brows & Lip or Chin ..... €15.00 / €18.00

### Body Waxing

Underarm ..... €12.00

Half.Leg ..... €20.00

Full Leg ..... €30.00

Full.Leg & Basic Bikini

Full Arm ..... €20.00

Half Arm ..... €15.00

Back ..... €18.00

Neck & Chest. €28.00

Neck, Chest & Back ..... €38.00

## Make Up



Makeup Application ..... €25.00

With Corner Lashes ..... €30.00

Full Set of ind. Lashes ..... €35.00

Trial Makeup ..... €35.00

Bridal Makeup ..... €40.00

Wedding Makeup Callouts Available (Prices may vary)

### Jane Iredale (The skincare make up)

Micronised mineral based Make Up range designed to help the skin reach its optimum health while enhancing its natural beauty.

### Karaja

For a funkier look - try something from this fab Italian range - A quality, reliable & complete range of products & colours at affordable prices for the FACE - LIPS - EYES & NAILS

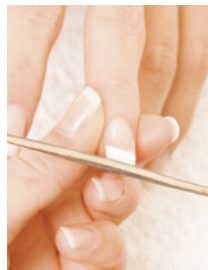
### Anthony Braden

A high quality makeup range used by professional makeup artists for tv & film.

### BUFF Make-Up

Buff Makeup is a salon exclusive and bespoke Irish brand formulated by one of Ireland's leading Makeup Artists Paula Callaghan and Paul Hession creator and founder of Hessions Hairdressing. This much sought after brand is only available in selected salons around the country. Bloggers such as Tara O'Farrell speak very highly of the brand which is most famous for its HD Foundation and Illuminating Lotion - Sheer Glo.

## Hands & feet



### Hands

OPI Nailcare for longer stronger natural nails...

"A system so luxurious and clinically-proven, it transforms your hands. The results are nothing short of sensational softer, smoother, younger - looking hands and the results improve with consistent and continued use."

File & Polish ..... €15.00

File & French Polish ..... €18.00

Express Manicure ..... €25.00

Express Manicure & French Polish ..... €30.00

OPI Manicure ..... €35.00

Nail Art - From ..... € 5.00

### Feet

Your feet deserve our best attention Open toe shoes will avoid smudging!

File & Polish ..... €18.00

File & French Polish ..... €20.00

Express Pedicure (+ €5.00 french) ..... €25.00

OPI Pedicure (+ €5.00 french) ..... €35.00

Deluxe Pedicure (+ €5.00 french) ..... €45.00

Nail Art - From ..... € 5.00

Occasional Nails ..... €25.00

### Gel Polish

Shellac & Gelish leading brands in gel polish, giving you a high shine finish for upto 2 weeks & no drying time!

Hands ..... €25.00

Toes ..... €25.00

Hands & Toes ..... €45.00

(Removal included in price unless it has been put on by another salon which incurs a charge of €5)



## Tanning

### Turbo SunShower

Use Our stand up facilities to maintain a healthy tan. Consultation Required

Per Minute ..... € 1.00 .60.Minutes ... €50.00

### Spray On Tans

St.Tropez - Cocoa Brown - Sun FX - Liquid Gold - Crazy Angel - Aussie Bombshell

Full Body ..... €30.00

Half Body ..... €15.00

## Terms & Conditions

Courses & Gift Vouchers are non refundable & non transferable, and must be paid for in advance

Acceptable Payment is by Cash - Credit/Debit Cards - Cheques with Bank Card Strictly

No Credit

24 hour cancellation is required for all Treatments

Lost Gift Vouchers will not be replaced or honoured

You must inform us if you have any serious medical problem

Prices may be subject to change without notice

Please let us know if our service is not to your satisfaction

Please switch off Mobile Phones to preserve the peaceful nature at Enhance Health & Beauty

Thank you

The Perfect Present - A Gift Voucher from Enhance Health & Beauty



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# ENHANCE HEALTH & BEAUTY

Essential Well Being & Relaxation Treatments

**dermalogica**  
AWARD WINNING SPA

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Boyle Road,  
Carrick on Shannon  
Tel: **071 962 3254**

The Lawn,  
Bridge Street,  
Boyle,  
Co. Roscommon  
Tel: **071 966 3715**

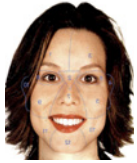
Web: [www.enhancebeauty.ie](http://www.enhancebeauty.ie)  
email: [info@enhancebeauty.ie](mailto:info@enhancebeauty.ie)

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# dermalogica®

## Personalised Skin Care

DERMALOGICA merges the latest advances in ingredient technologies with old treatment traditions to relax, revive & refresh. These therapeutic treatments are tailored to meet your individual needs, targeting specific concerns from acne, dehydration, and environmentally sensitised skin to sun damaged and prematurely aged skin, helping to restore optimum skin health. Our detailed skin consultation precedes each treatment to ensure maximum benefits for your skin. DERMALOGICA'S revolutionary face/body mapping concept gives targeted results for all skin types.



### Face/Body Mapping

Face and Body mapping is a revolutionary approach to skin analysis developed by The International Dermal Institute exclusively for Dermalogica

### Customised

Tailored to meet individual needs Includes face, neck & shoulder massage using aromatherapy based products

1 Hour ..... €60.00



## Express

Where time is of the essence!

A short facial geared for "people on the go" includes a 10 minute massage & deep power cleanse & restores skin to a healthy natural radiance. 30mins ..... €35.00

## Multi Vitamin Power

Vitamin Repair for damaged skin - improves skin elasticity, tone & texture

1 Hour ..... €65.00 Course of Six €320.00

## Age Smart Facial

This targeted face treatment helps manage and treat the biochemical triggers that contribute to skin ageing while helping to control pigmentation, brighten skin, lessen the appearance of fine lines and maintain hydration levels. Results in firmer, smoother, revived skin that you'll love is yours. 1 Hour 15mins ..... €65.00 1 Hour ..... €50.00

## Clear Start

For blemish & acne prone skin. Targets excess oil production while calming breakouts and reducing redness all at once. This facial includes a deep cleanse, exfoliation, extraction & a cooling mask to purify and rebalance the skin. Suitable for TEENS! 1 Hour ..... €40.00

## Exclusive Aromatherapy

Starts with a relaxing back massage includes deep cleanse & customised exfoliation & aromatherapy pressure point massage. 1 Hour 15min ..... €65.00

Male ..... €50.00

Customised to deep cleanse & moisturise the skin. Helps with shaving bumps & irritation

## Revitalising Eye

For "dark circles" - increases circulation by means of a calming mask firming booster

30 mins ..... €35.00

## Sinus Relief

For hay fever or sinus problems

30mins ..... €35.00

## Advanced face treatments

### Fine Line & Wrinkle Removal

10 Minutes can remove wrinkles that took years to develop

Administered by an experienced GP by Appointment

## Micro Needling

Skin micro needling uses a pen shaped device studded with 12 very fine needles on a roller. The needles help breakdown old scar tissue and stimulates new cells to form; including collagen and elastin fibres making it the perfect anti aging treatment. Medical micro needling also combats scarring and pigmentation.



## AFAAmino Facials

A Cosmeceutical System that boosts the skin's moisture retention by means of a facial peel

Helps Reduce:

Fine Lines & Wrinkles • Larger Pores • Redness • Acne Scars

1 Peel ..... €55.00

Course of Six €325.00

## Microdermabrasion

An Advanced Painless form of skin resurfacing.

Used for helping: Fine Lines • Mild Scarring • Sun Damage • Stretch Marks • Uneven/Tired Skin Tone

With Hydrating Casmara Mask

Single Course ..... €60.00

Course of Six Sessions ..... €300.00 incl. 1 free

## Environ

Environ is an advanced scientific skincare based on vitamins A, C & E with active ingredients.

Dr. Fernandes formulated this skincare brand to replenish the essential nutrients lost in the skin due to sun exposure and environmental factors.

With environs unique step up system it allows the skin to adjust to the different levels of Vitamin A without causing irritation. This makes it suitable for all ages, skin types and conditions.



## Treatments from Environ:

Advanced Active Vitamin Facials (1.5 hrs) ..... €85

The Active Vitamin Treatment is suitable for all skin types and is particularly effective at addressing sun-damage, pigmentation, premature aging and dryness.

Collagen Power Facial (1.5hrs) ..... €100

The formula contains a unique combination of peptide complexes which work in synergy to give skin a plumper more radiant appearance.

The Frown Treatment (45mins) ..... €65

The treatment targets the same chemical complexes as injectables without the associated risks, thus helping soften existing line and preventing new ones forming.

HydraBoost Treatment (1 hr) ..... €80

The perfect antidote to dry, lackluster skin. It helps to reduce fine lines caused by dehydration and plumpness in the dermis, resulting in moisturised, glowing skin.

Purifying Treatment (30 mins) ..... €65

The combination of scientifically advanced products and techniques revives and refreshes your skin, leaving your skin feeling like new.

## Microneedling

Here at Enhance, Clinicare Medical Microneedling is revolutionising our clients skin.

Medical Microneedling is also referred to as 'Collagen Induction Therapy' aimed at restoring skin to a more youthful and even complexion.



The treatment introduces a series of fine, sharp needles into the skin, which move across the skin on a sterile roller. Due to the regeneration of cells taking place in the dermis (deepest layer of skin) it can take 4-6 weeks for results to become fully visible.



This treatment is suitable for most conditions, however is not suitable for woman that are pregnant or persons with active acne. A consultation is required before starting a course of treatments.

Treatment time 1.5 hrs. .... €100 Face

..... €150 Face & Neck

## Dermalogica body treatments



### Salt Glow Scrub

A mineral rich sea salt, dried seaweed & fruit enzymes to smooth & silken the body. 40mins ..... €35.00

### Back Facial

Includes Deep Cleanse, Extraction, Purifying Mud Mask & a Back Massage. 1 Hour ..... €55.00

### Enzymatic Sea Mud Wrap Detoxify

Exfoliate & Nourishment with a purifying seaweed & mineral mud poultice

1 Hour 15mins ..... €65.00

### MINIMI Weightloss Wrap

The MINIMI Weightloss Wrap is a painless, effortless process that can successfully remove fat in problem areas. It is a 60 minute treatment and can shrink waistlines by up to 7 inches. The amount of fat reduction varies depending on the client's build but many people reduce by at least a single size after the first session. .... €60.00

### Maternity Relief

For Mum & Baby Includes face massage

1 Hour 15mins ..... €65.00

## Massage treatments

### Back, Neck & Shoulder Massage

helps with the release of knots & lactic acid build up 40mins. .... €35.00

### Full Body Massage

1 hour ..... €50.00  
With Body Exfoliation ..... €65.00

### Hot Stone Massage

For a Totally Healing Experience! Hot stone massage is a speciality massage that uses smooth, heated stones, that absorb and retain heat. It is a deeply soothing, relaxing form of massage.

Full Body ..... €70.00 Back ..... €45.00

### Indian Head & Neck Massage

30mins. .... €35.00

### Reflexology

An alternative holistic treatment involving application of pressure to the feet with specific thumb and finger technique. It is based on a system of zones and reflex areas the reflex and image of the body on the feet, with the promise that such work affects a physical change to the body.

30mins. .... €35.00

1 hour ..... €50.00

Your feet deserve it.



## Hair removal systems / Brow & lash Grooming



### Epilpro

Removes unwanted hair progressively. A Superior Alternative to Electrolysis. No Needle, No Burning, Pigmentation or Scarring

15 Minutes ..... €20.00

30 Minutes ..... €30.00

Consultation Essential

### Brow & lash Grooming

Brow Wax ..... €10.00

Brow Thread ..... €12.00

Brow Tint ..... € 8.00

Brow Shape & Tint ..... €15.00

Lash Tint ..... €15.00

Lash & Brow Tint & Reshape ..... €25.00